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Eggs Benedict

2 Poached Eggs

Hollandaise Sauce (follow Hollandaise recipe)

Ezekial English Muffin

Lay a split english muffin on a plate and place a poached egg on each side. Spoon few tbsp of hollandaise sauce on the eggs. Optionally you can put a few pieces of baby spinach on the egg and then the hollandaise on the spinach.